

Understanding Yin-care

Yin-care is an excellent branch style treatment and is often utilized in combination with internal herbal medicine to address existing underlying root causes. It is formulated for conditions of "excess" in dilutions of water ranging from 5-100% and can be applied as a rub, compress, rinse, soak or spray. Use with caution in cases of yin and/or blood deficiency.

TOPICAL

Acne, eczema, psoriasis, rash, rosacea, hemorrhoid:
 10-50% compress, rub 15-60 min/2-3x day

Shingles, cold sore, sty, athletes foot, poison oak/ivy:
 50-100% compress, rub, rinse 15-60 min/2-3x day

Fungal nail/toe/skin, insect bite, staph:
 100% compress, rub, rinse 15-60 min/2-3x day

GYNECOLOGICAL

Yeast, bacterial, fungal, trichomoniasis infection:
 10% rinse, douche 2x day/3-6 day course

Vulvitis:
 10-50% compress, douche 1 hr/2x day or overnight

Cervical dysplasia, cervicitis:
 66% tampon, compress overnight 7-10 day, 1-3 courses

CAUTION: Do not ingest. During pregnancy use at the direction of your healthcare provider. Avoid using if menstruating, experiencing dry, cracked and broken skin or open sores. Persistent, unusual odor or discharge may indicate conditions for which a physician should be consulted. It is normal to feel a sensation of temporary warmth upon application. Test a small amount of formula on the inside of elbow to determine the possibility of allergic reactions or sensitivities. Discontinue use immediately if rash, irritation, or discomfort develops and contact your health professional.

yin-care

effective herbal wash

洁 jie
 尔 er
 阴 yin



original



fragrance free

Classical solutions. Clinical results.

Anti-pathogenic whole body solution.

This effective and versatile formulation is used for damp, damp-heat, toxic heat and wind-type gynecological and dermatological complaints.

14 EXTRACTED ANTI-PATHOGENIC HERBS AND THEIR ESSENTIAL OILS

Cnidium.....	<i>She Chuang Zi</i>	Mentha.....	<i>Bo He</i>
Lonicera.....	<i>Jin Yin Hua</i>	Gardenia.....	<i>Zhi Zi</i>
Artemisia.....	<i>Ai Ye</i>	Pseudolarix.....	<i>Tu Jing Pi</i>
Phellodendron.....	<i>Huang Bai</i>	Acorus.....	<i>Shi Chang Pu</i>
Sophora.....	<i>Ku Shen</i>	Scutellaria.....	<i>Huang Qin</i>
Atractylodes.....	<i>Cang Zhu</i>	Angelica.....	<i>Du Huo</i>
Artemisia.....	<i>Yin Chen Hao</i>	Kochia.....	<i>Di Fu Zi</i>